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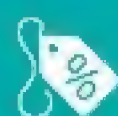


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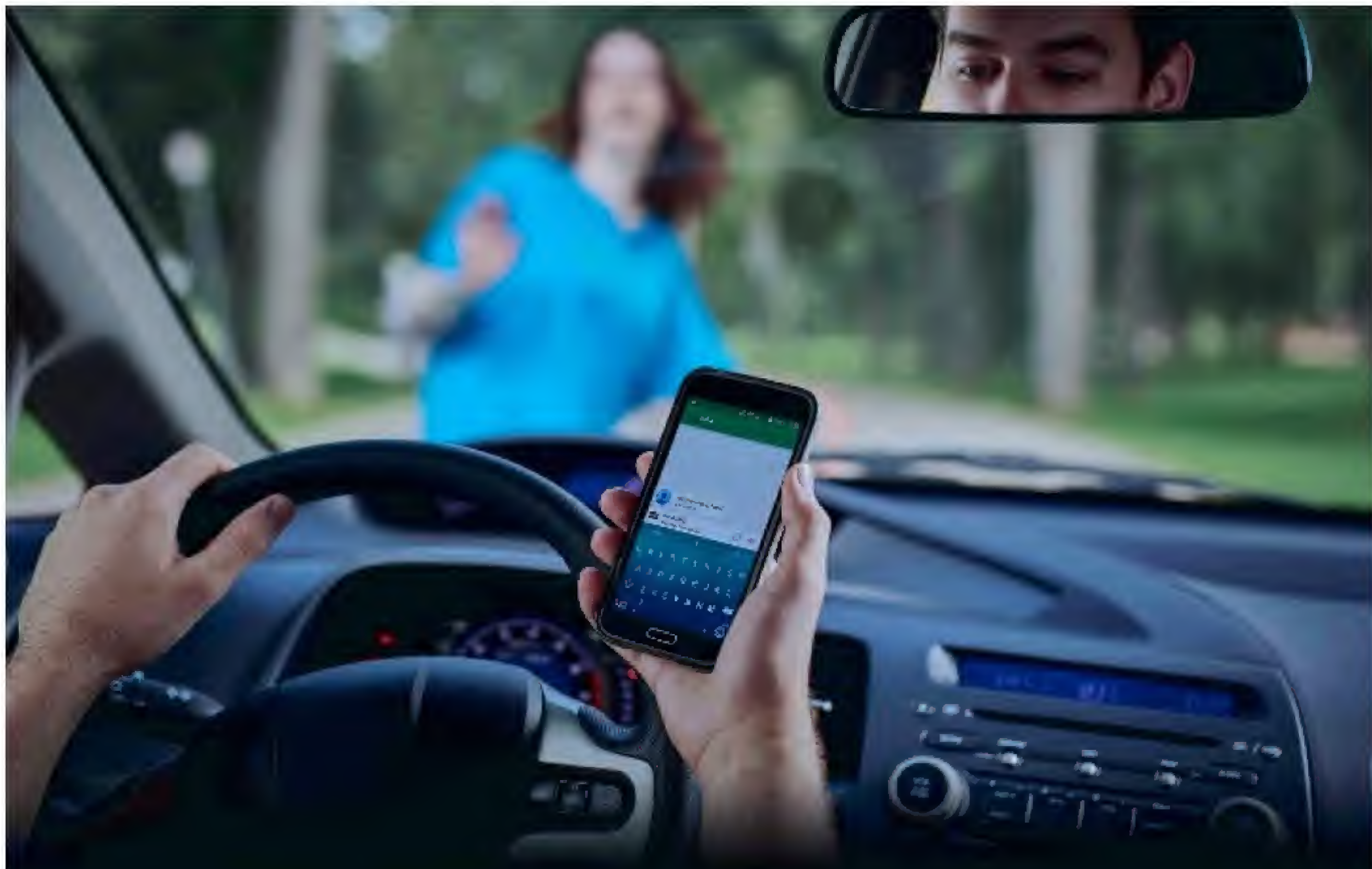


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Clinton trounces Trump on race, taxes and even jokes **metroVIEWS**

Full debate coverage, **metroNEWS**

Winnipeg metro



POLICE BRUTALITY
Raps add voice to pro athletes speaking out **metroSPORTS**

Your essential daily news | TUESDAY, SEPTEMBER 27, 2016
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Shauna Mackinnon, University of Winnipeg Associate Professor, Urban and Inner-City Studies.

LYLL STAFFORD/FOR METRO

Learning reconciliation

New University of Winnipeg course aims to bring indigenous, non-indigenous students together **metroNEWS**

Mounties' separate inquiry questioned

MISSING AND MURDERED WOMEN

Trust in RCMP lacking, says local indigenous leader



Lucy Scholey
Metro | Winnipeg

A Winnipeg aboriginal leader is left with more questions than answers after learning about an RCMP plan to run its own review process alongside the national inquiry into missing and murdered indigenous women.

The Canadian Press obtained a memo prepared for the deputy minister of justice that shows an official conducted an analysis of an "RCMP proposal for a parallel review process in support of the national inquiry", according to the title of the heavily censored March 8 briefing note.

The details are sparse, as most of the 18-page memo released in response to an access-to-information request was redacted. However, a senior official with direct knowledge of the proposal said it was intended to allow the inquiry to focus on the underlying socio-economic issues without getting bogged down in individual cases.

But Damon Johnston, president the Aboriginal Council of Winnipeg, says the relationship between the Mounties and indigenous groups is "questionable at best."

"I don't think there's any substantial element of trust of the RCMP within the indigenous community," he told Metro on Monday. His sentiments echo those of other inquiry advocates who have called for a parallel review to dig into individual cases — but not with the RCMP at the helm.

The newly released documents suggest the idea for a parallel review stemmed from a meeting between

You ask the question, 'Well, where are we now'?

Damon Johnston

RCMP Commissioner Bob Paulson, Justice Minister Jody Wilson-Raybould, Indigenous Affairs Minister Carolyn Bennett and Status of Women Minister Patricia Hajdu.

The RCMP and Wilson-Raybould's office would not give the Canadian Press comment on the planned review.

Johnston says the onus may be on the RCMP to restore a positive relationship with indigenous communities.

"You ask the question, 'Well, where are we now?' I don't think either side is where they want to be in that kind of relationship."

WITH FILES FROM THE CANADIAN PRESS

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Growler-less to growler-ville

ALCOHOL

How Winnipeg became a beer jug hotspot



Braeden Jones
Metro | Winnipeg

1.89 litres.

That's the volume of a growler — an old-timey looking jug meant to ferry beer from keg to fridge, and eventually local-beer-fan bellies.

Two years ago, growlers were relatively unknown in this part of the country. But today, riding the wave of craft beer operations opening around Winnipeg, they're the toast of the town.

In October 2014, five Manitoba Liquor Mart locations and two beer vendors piloted a 'growler bar' concept that added empty jugs and tapped kegs ready to fill them in front of consumers.

Manitoba Liquor and Lotteries (MBLL) spokesperson Susan Harrison, who was a part of that pioneering endeavour, said an in-depth review determined the pilot was "so successful," the corporation decided it had to expand.

Now growlers are available in 16 Liquor Mart and vendor locations in Manitoba.

"At the time, when we first launched (the growler program) there wasn't any place that had growlers around here," Harrison said. "We got into it because there wasn't the market for it, but now there is."

Harrison said proving the market was an intended benefit, as it paved the way for small craft brewers to recognize the growler format as a boon for business.

As MBLL introduced consumers to growlers, beer-bureaucracy changes in the province made craft brewing more feasible.

"As you know, there has since been an influx (of craft-brewers)," Harrison said, adding that many have tasting rooms and will choose to offer their own products for sale on-site.

For some—including Fort Gar-



Tracy Jones, a representative with Bottle & Cork Liquor Marts, at the Kenaston Crossing Liquor Mart growler station in Winnipeg on Monday. LYLE STAFFORD/FOR METRO

ry Brewery, Half Pints Brewing Company and Barn Hammer Brewing—they offer growlers to distribute their sudsy product, and more are looking at doing so.

The shop most likely to epitomize the cresting growler wave is Little Brown Jug (LBJ) Brewing Company, which is set to open this November on William Avenue near Red River College.

Kevin Selch, LBJ founder, said even his company's name is "meant to capture the sort of growler culture and current craft beer culture."

The model fits the LBJ business so well, Selch plans to offer a smaller 750ml LBJ to diversify the growler-like offerings.

The one drawback, he admits, is the growler has to be consumed the day it's opened, which is partially the reason for the smaller LBJ, so "people won't hesitate to crack it open."

Two years ago, the regulatory hurdles to open a microbrewery and lack of growler exposure meant the LBJ couldn't have existed, but Selch is glad for the changes that paved the way to his business opening soon, and thinks Manitobans will be glad too. "It's a really popular way to get your beer," he said.

"We got into it because there wasn't the market for it, but now there is."

Susan Harrison

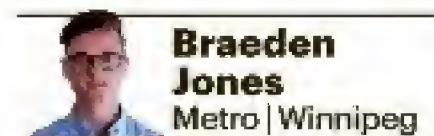


PHOTO ILLUSTRATION BY ANDRES PLANA/METRO

Cybertip launches campaign

MANDATORY REPORTING

Tip line aims to raise awareness of child sexual abuse online



Braeden Jones
Metro | Winnipeg

It might only take the click of a mouse to help protect a children from online sexual predators.

That's the message behind Cybertip's dramatic new national ad campaign, which launched on Monday.

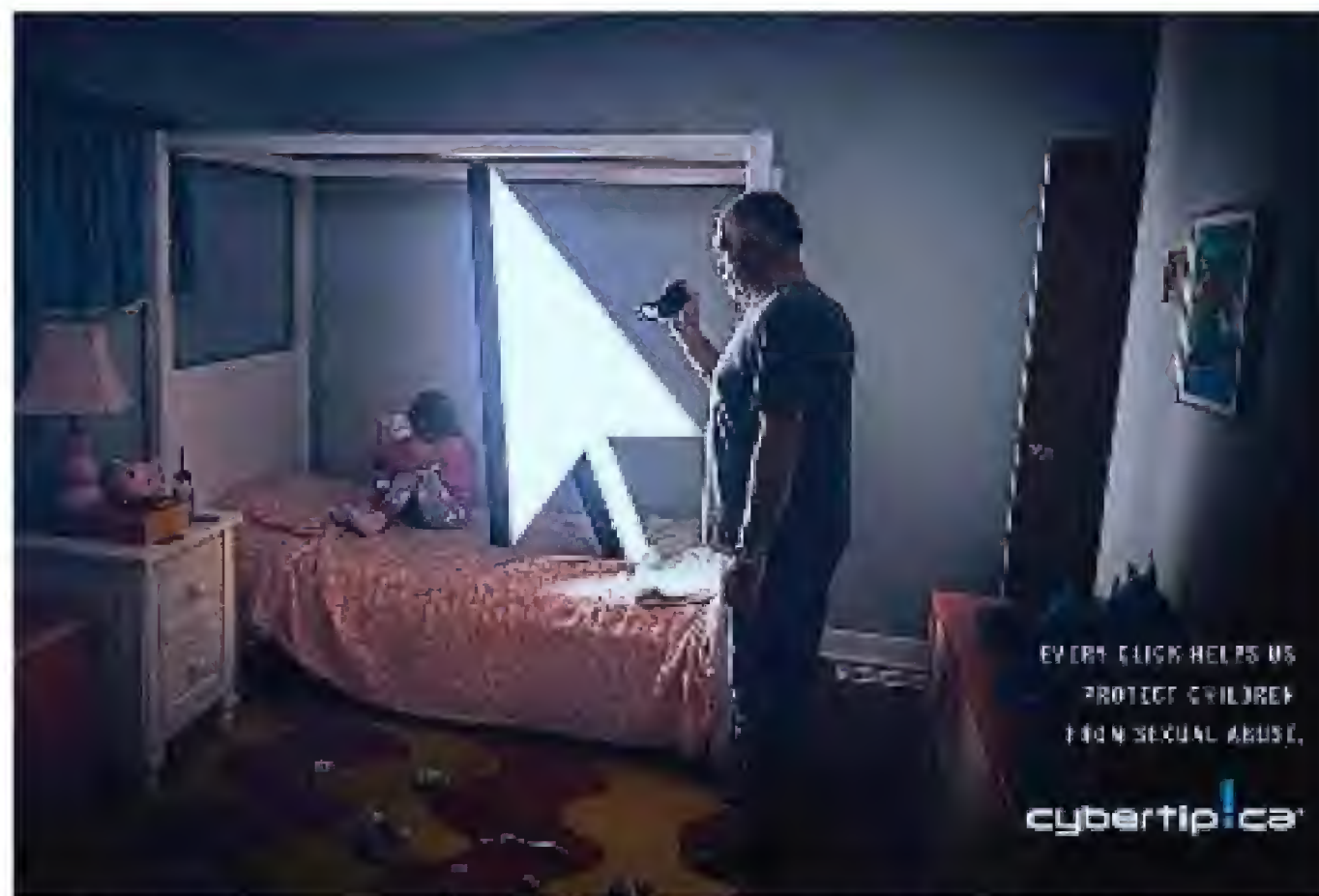
The Winnipeg-based tip line for reporting the sexual exploitation of children online, receives an average of 3,300 monthly reports from across the country — a number that Director Signy Arnason wants to see fall.

The Canadian Centre for Child Protection, which operates Cybertip, is aiming to raise awareness about the reality behind that harrowing statistic.

“They have an obligation to report it.” Signy Arnason on what Manitobans should do when they come across online abuse

In the ads, kids cower as an adult aims a camera at them and a cursor stands between them, like a bright, faceless hero.

“(The campaign) focuses on the power of reporting — every click helps us protect children



The national effort to prevent the exploitation of children online launched Monday. CONTRIBUTED

from sexual abuse,” Arnason said. “There are two aspects to that: one, if people come across concerning behaviour, we want that reported to us.

“Secondly and more importantly, what we are trying to

of children have been submitted since Cybertip was established on Sept. 26, 2002. Most of those tips, 87 per cent, were submitted under the category of child pornography.

Arnason said Manitoba is one of two provinces in which there's an added layer of legal obligation to the campaign, as the Child and Family Services Act changed the definition of child abuse and made it mandatory to report suspected child pornography.

“It's the same campaign message everywhere but with an additional tagline for Manitobans,” Arnason said. “If a Manitoban comes across it, they have an obligation to

report.”

According to data from Cybertip, since the CFS Act was introduced in 2009, 41 per cent of tips submitted in Manitoba were actively forwarded to police or CFS.

Only Nova Scotia has similar legislation adding teeth to the Cybertip campaign call to action, but Arnason said it's still a call she expects and hopes will resonate everywhere.

“We want people to come forward so we are not facing the tens of thousands of images we deal with on a regular basis as it relates to child sexual abuse recorded and uploaded to the Internet,” she said.



In the advertisements, kids cower as an adult aims a camera at them and a cursor stands between them. CONTRIBUTED

+ REPORTING IN THE PROVINCE

Over 5,000 reports related to the online sexual exploitation of children have been submitted to the tip line by individuals within Manitoba since its creation.

• 87 per cent of those reports were submitted under the category child pornography.

• 69 per cent of the reports have been submitted since 2009 (when the

Government of Manitoba amended the Child and Family Service Act to include child pornography in the definition of child abuse and made it mandatory for all people in Manitoba to report suspected child pornography to Cybertip.ca).

• 41 per cent of reports submitted by individuals in Manitoba are forwarded to police and/or child welfare.

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TRANSIT TUESDAY

Weekly Transit News Update



SAY HELLO TO PEGGO... GET YOUR CARD NOW!

Say hello to peggo, the new electronic fare collection system from Winnipeg Transit. Using a peggo card is easy! Simply tap and hold the card directly on the peggo card reader on the farebox, wait for the beep and go. With peggo, you can purchase fares and check your card balance online for added convenience!

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- Transfer - when paying using e-cash, a 75-minute transfer is automatically loaded onto the peggo card so paper transfers are no longer required.

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Shauna MacKinnon, an associate professor in urban and inner-city studies at the University of Winnipeg, sits along Selkirk Avenue in Winnipeg on Monday. LYLE STAFFORD/FOR METRO

Bridging the gap between city's youth

EDUCATION

Course builds bonds for both suburban and urban students



Stephanie Taylor
Metro | Winnipeg

The University of Winnipeg is hoping to pilot a new course that "embodies reconciliation" between indigenous and non-indigenous students, according to a professor.

Jim Silver, chair of the school's department of urban and inner-city studies, said a proposed new work-study program would bring together 20 students — 10 from the inner city and 10 from the suburbs — in a four-month summer class. The goal is to encourage relationship-building with each other and the wider north-end community.

"That's going to create the real tangible conditions for reconciliation," Silver said.

But before that can begin, city council has to approve a \$40,000 grant on Wednesday required to get the summer pilot program, dubbed united@winnipeg, off the ground.

The city has already committed to spending \$200,000 per year toward the pilot in summer 2017 and 2018.

Silver hopes the program becomes a fixture in the school's course offerings, as it teaches "a process that embodies reconciliation."

For example, classes would take place at the department's Selkirk Avenue headquarters, which would physically bring suburban students into the inner city for what may be their first time, he explained.

Students would also have to fulfill paid placements at various neighbourhood organizations where they would connect with members of the community on a daily basis.

"We've got this culture in the city that people in the south end are afraid of the north end," said Shauna MacKinnon, an assistant professor who's developing the course curriculum.

She noted that over the years, non-inner-city students who have studied in the department admitted that at first they were afraid to venture into the north end.

Similarly, MacKinnon recalled, one indigenous student confessed

Coun. Brian Mayes is credited as the brainpower behind the program, which he's spent the past 25 years championing.

He cites that the model emulates the urban Peace Corps programs aimed at youth in many American cities.

"It's what I would have wanted to do when I was 22," Mayes said.

Silver said the city's grant will allow the school to hire someone to help with program planning



That's going to create the real tangible conditions for reconciliation. Jim Silver

she thought she was going to be judged by her non-indigenous classmates.

That's why she hopes the new course would bridge the racial and economic gaps between "typical" university students and "non-typical" university students

"That becomes a personal form of reconciliation," Silver said.

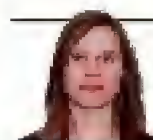
and establish criteria for which students can apply.

Selling the program will not be a problem, MacKinnon says, since students have already been calling about the course.

"They know that in our city the divide is not just geographic, north end and south end; we have this label as 'The most racist city.'"

HUMAN RIGHTS

Museum seeks photos for Canada 150 display



Lucy Scholey
Metro | Winnipeg

Budding and established photographers will have the chance to see their snapshots displayed on the walls of the Canadian Museum of Human Rights next year. The museum has put out a

national call for a "major exhibition" showcasing Canada's 150 anniversary in 2017.

"Points of View" will use crowd-sourced images to reflect four themes of the country's sesquicentennial: freedom of expression; inclusion and diversity; reconciliation; and human rights and the environment.

"It's also, if you like, a cross-

country conversation," said Helen Delacratz, the museum's manager of exhibitions.

With about 5,000 square feet to fill, Delacratz hopes the walls will be covered in photographs.

A multidisciplinary jury is tasked with choosing the pictures, but that shouldn't frighten away amateur photographers more prone to snapping self-

ies than choosing slow shutter speeds.

"We also have people on the jury who are coming from a very human-rights, academic or expert angle who are more interested in the context of what that picture is about," said Delacratz.

Some photos will also be eligible for cash awards ranging from \$1,000 to \$2,500.

CALGARY

Man charged with player's murder

Police have charged a 19-year-old Calgary man with second-degree murder following the shooting death of a Calgary Stampeders player.

Police say Mylan Hicks, who was 23, was shot outside a nightclub following an altercation early Sunday morning. Nelson Tony Lugela is charged with second-degree murder. He is scheduled to appear in court Friday morning.

Police say three suspects were initially taken into custody, but two have been released without charges.

The team has said several players were at the Marquee Beer Market and Stage after their win Saturday against the Winnipeg Blue Bombers.

Police say at about 2:30 a.m. Sunday, officers responded to reports of a shooting at the club, where they found a man



Mylan Hicks CONTRIBUTED

in his 20s who'd been wounded. He was taken to hospital in life-threatening condition and later died.

Calgary Police Insp. Don Coleman said it appears there was a fight inside the bar before closing time that continued outside and escalated to the point where shots were fired.

THE CANADIAN PRESS



ROYAL VISIT FIRST NATIONS WELCOME WILL AND KATE Prince William, the Duke of Cambridge, and Kate, the Duchess of Cambridge, attend a welcoming ceremony at the Heiltsuk First Nation in Bella Bella, B.C., on Monday. DARRYL DYCK/THE CANADIAN PRESS



MARYAM MONSEF

Lawyers call possible deportation unfair

Maryam Monsef could be stripped of her citizenship without a hearing under a law the Liberals denounced while in opposition but which they've been enforcing aggressively since taking power, lawyers say.

The democratic institutions minister revealed last week that she was born in Iran, not Afghanistan as she'd long believed. She said her mother, who fled Afghanistan with her daughters when Monsef was 11, didn't think it mattered where the minister was born since she was still legally considered an Afghan citizen.

Monsef has said she will have to correct her birthplace information on her passport.

If Monsef's birthplace was misrepresented on her citizenship application as well, that would be grounds for revocation of citizenship, regardless of whether it was an innocent mistake or the fault of her mother, said lawyer Lorne Waldman. And if the misrepresentation was on her permanent residence and refugee applications, she could even be deported, said Waldman, part of a group that launched a constitutional challenge of the law Monday. THE CANADIAN PRESS



The government is taking an incredibly aggressive position.

Lorne Waldman

Canadian professor 'free and out of Iran'

MIDDLE EAST

Homa Hoodfar held for months in notorious Tehran prison

A retired Canadian-Iranian professor has been released from a Tehran prison and will soon be reunited with her family, friends and colleagues, Prime Minister Justin Trudeau said Monday.

Homa Hoodfar, 65, was first arrested in March, shortly before she was to return to Canada, but was released on bail. She was rearrested June 6 and had been

held at Tehran's notorious Evin prison until her release.

Hoodfar until recently taught anthropology and sociology at Montreal's Concordia University, where colleagues told a news conference they were overjoyed with her release.

Margie Mendell, a Concordia professor and close friend, said Hoodfar's niece, Amanda Ghahremani, was on hand to meet her in Oman, the first stop on her journey home.

"She's very frail, she looks extremely thin ... and very worn," Mendell said of a report she received. "I suspect that she's not in good health, but she's free, she's free and out of Iran and



Homa Hoodfar arrives in Oman after being released on Monday. THE CANADIAN PRESS

she will get medical care and her medication."

Hoodfar suffers from a serious neurological condition and her family had said requests for a checkup by an independent

specialist doctor while jailed were ignored.

Trudeau said in a statement that the Canadian government has been "actively" working for her release.

"In the absence of diplomatic representation of its own in Iran, Canada worked closely with others who were instrumental in helping secure Dr. Hoodfar's release — most notably Oman, Italy and Switzerland," Trudeau said, thanking them for their support.

The prime minister also recognized "the co-operation of those Iranian authorities" who facilitated Hoodfar's release and repatriation. THE CANADIAN PRESS

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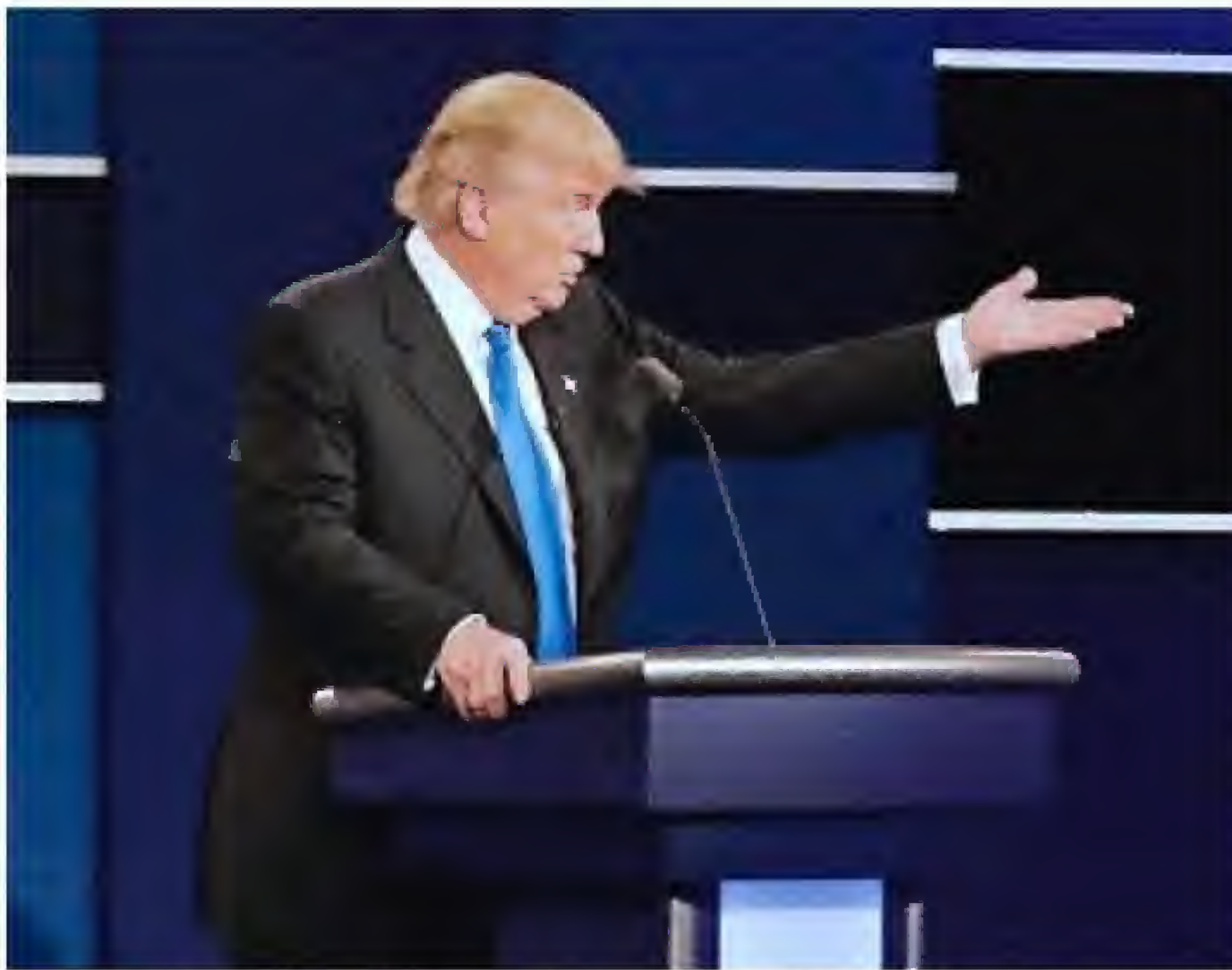
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Donald Trump and Hillary Clinton participate in a presidential debate at Hofstra University in Hempstead, N.Y., on Monday. DAVID GOLDMAN/THE ASSOCIATED PRESS

Trump vs. Clinton: round one

U.S. ELECTION

Republican stumbles after taking bait on heated issues

Measured versus agitated. Practiced versus improvisational. Mostly factual versus — frequently not even close.

If anyone in America still believed there is no real difference between Republican presidential candidate Donald Trump and his Democratic opponent Hillary Clinton, a dramatic and acrimonious first debate likely

disabused them.

Hectoring and grimacing, Trump pressed a populist economic message that sought to portray Clinton as a do-nothing agent of a failed status quo. Clinton, smiling and quieter, painted Trump as a bigoted and dangerous charlatan with dark financial secrets and a long record of mistreating average people.

Trump began the debate in his sweet spot: jobs and trade. But he seemed to falter as the night proceeded, taking Clinton's bait on uncomfortable matters of race, gender and his business past.

And Trump delivered the only lines that may turn into damaging gaffes. When Clinton noted

that he cheered for the housing crisis because it could present a money-making opportunity for himself, he said, "That's called business." And when Clinton pointed out that he paid no income tax in some years, he said, "That makes me smart."

Speaking in generalities as usual, the businessman dispensed with direct answers in favour of angry attacks on a former senator and secretary of state he said has no solutions for a country in crisis.

"Typical politician, all talk, no action, sounds good, doesn't work, never going to happen," he said at one point. "Our country is suffering because people like



I know you live in your reality.
Hillary Clinton to Donald Trump

Secretary Clinton have made such bad decisions in terms of our jobs and in terms of what's going on."

Trump, though, refused to explain what he would do to bring back the jobs he alleged that Clinton had chased away. ("First of all, you don't let the companies leave," he said when

pressed.) And he struggled to explain the most damaging parts of his history, regularly resorting to lies when challenged by Clinton and moderator Lester Holt.

The biggest whopper: his repeated claim that he opposed the war in Iraq, which he supported until 17 months after the invasion.

Among other things, he also falsely claimed that New York has seen more murders since the city ended its stop-and-frisk police search program, that stop-and-frisk was not ruled unconstitutional, that he did not press the issue of President Barack Obama's birthplace after 2011, and that he never suggested he

could renegotiate the country's debt, and that he has called climate change a Chinese hoax.

Clinton, who appeared to grow stronger as the 90-minute clash unfolded, launched her sharpest attacks on three of Trump's chief vulnerabilities: his refusal to release his tax returns, his record of sexist remarks, and his spotty record in dealing with and talking about racial minorities.

"You've got to ask yourself, why won't he release his tax returns? And I think there may be a couple of reasons. First, maybe he's not as rich as he says he is. Second, maybe he's not as charitable as he claims to be," she said.

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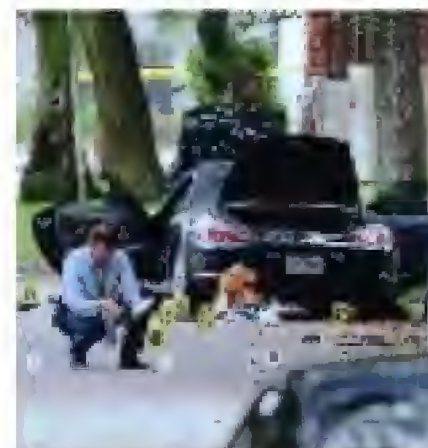
Nine shot, wounded in Texas

A disgruntled lawyer wearing military-style apparel with old Nazi emblems had two weapons and more than 2,500 rounds of live ammunition when he randomly shot at drivers in a Houston neighbourhood Monday morning before he was shot and killed by police, authorities said.

Nine people were injured during Monday morning's shootings; six were shot and three had eye injuries from flying glass. One person is in critical condition and another in serious condition, officials said.

Houston Homicide Capt. Dwayne Ready and Interim Police Chief Martha Montalvo did not identify the man and did not have information about a motive.

Texas motor vehicle records



Police investigate the suspect's car Monday. THE ASSOCIATED PRESS

in a commercially available database showed the car is licensed to Nathan DeSai at an address in the condo complex.

The property manager of the condo complex also confirmed

that police were going through DeSai's residence, where Ready said vintage military items dating to the Civil War and other guns were found in the man's apartment.

Authorities first received reports of the shootings about 6:30 a.m., and the man began firing at officers when they arrived.

Mayor Sylvester Turner told KTRK-TV that DeSai was a lawyer who was "disgruntled" and was "either fired or had a bad relationship with this law firm."

DeSai's father, Prakash DeSai, told Houston television station KTRK that his son, whom he saw Sunday, was upset because "his law practice is not going well" and stays upset "because of his personal problems."

THE ASSOCIATED PRESS

IN BRIEF

Colombia seeking an end to violence

More than 220,000 deaths, 8 million homeless and countless human rights violations: These are the tragic toll of South America's oldest armed conflict, which begins to wind down with the signing Monday of a historic agreement between Colombia's government and the country's largest rebel movement to end a half-century of hostilities. President Juan Manuel Santos and the top commander of FARC, a rebel fighter known by the alias Timochenko, were to sign the accord in the colonial city of Cartagena.

THE ASSOCIATED PRESS

Gas project decision first test for Trudeau

ENERGY

Feds have to navigate competing interests

Environment Minister Catherine McKenna has a final environmental assessment of the Pacific NorthWest LNG project in hand, with the federal Liberal cabinet set to meet Tuesday in the national capital.

A decision from the Liberal government on the proposed \$36-billion project in northern British Columbia must be made no later than next Monday.

When it happens, it will mark the first true litmus test of how Prime Minister Justin Trudeau navigates competing interests between environmentalists and First Nations concerned about climate change and salmon habitat and pro-development advocates, in-



Ottawa's acceptance or rejection of the Pacific NorthWest LNG project will set the stage for crucial decisions on a national climate change plan. TIM SULLIVAN/ALASKA RAILROAD / THE ASSOCIATED PRESS

cluding the B.C. government of Christy Clark.

The liquefied natural gas processing plant on Lelu Island near Prince Rupert would ship 19 million tonnes a year of frozen, liquefied gas to markets in Asia while pumping more than five million tonnes of carbon dioxide annually into the

atmosphere.

The government's acceptance or rejection of the project will set the table for an autumn of crucial decisions on a national climate change plan and energy sector infrastructure.

A draft assessment of the LNG project, whose major partner is Malaysia's state-owned

Petronas, was released in February by the Canadian Environmental Assessment Agency. The agency found that the project was "likely to cause significant adverse environmental effects," although it said mitigation measures would result in no serious harm to fish habitat.

THE CANADIAN PRESS

HALLOWEEN

Home Depot pulls peeping Tom decor

Home Depot Canada says it has pulled a Halloween window decoration that mimics a peeping Tom from its stores after a complaint from a customer.

The home-renovation chain says it took "immediate action" to remove the Scary Peeper Creeper from shelves after a customer raised concerns.

The CBC reports that a woman complained the decoration — which is attached to a window and looks like a man peering inside — makes light of a real

and legitimate threat to women's safety.

Home Depot Canada says it reached out to the person who made the complaint and apologized, adding the product is not in line with the company's "core values." The item no longer appeared on the store's website Monday morning but was listed at \$29.98 on the company's American site.

It looks like the head and hands of a hooded man pressed against the window.

THE CANADIAN PRESS



IN BRIEF

Shomi shutting down

Shomi says it is shutting down as of Nov. 30 after two years in operation. The web streaming service attributed the decision to a business climate and online video marketplace that has changed markedly in recent years.

THE CANADIAN PRESS

market minute

	DOLLAR
75.55¢ (-0.37¢)	
	TSX
14,619.46 (-78.47)	
	OIL
\$45.93 US (+\$1.45)	
	GOLD
\$1,344.10 US (+\$2.40)	

NATURAL GAS: \$3.07 US (+4¢)
DOW JONES: 18,094.83 (-166.62)

AEROSPACE

Bombardier CSeries jet has green credentials confirmed

Bombardier says its new CSeries aircraft has received the aviation industry's first independent environmental certification, confirming the promise of a commercial jet with a substantially lower carbon footprint.

The manufacturer says the CS100, which was entered into service by Swiss International Air Lines in June, received the Environmental Product Declaration from Sweden's International EPD System.

"It adds credibility to what we say when we talk about this airplane being a green airplane," Fred Cromer, president of Bombardier Commercial Aircraft, said in an interview.

The declaration was announced on the eve of the general assembly of UN agency International Civil Aviation Organization, which will focus on sustainable development.

The declaration confirms the environmental impact of the plane over the product's projected 20- to 30-year lifespan from start through to recycling parts once decommissioned.



Bombardier's CEO and president **Alain Bellemare**, right, and commercial aircraft president **Fred Cromer** with the CS100 in Swiss International Air Lines markings. THE CANADIAN PRESS

With fuel consumption equivalent to 50 kilometres per litre, Bombardier says that over its lifespan each CSeries will emit 120,000 tonnes less carbon dioxide than other jets of similar size. That's comparable to taking more than 32,000 mid-sized cars off the road for a year.

Bombardier has received

eight certifications for its railway products but said this is the first for any airplane.

Cromer said the declaration can only help sales efforts by validating that the plane fits into the green agenda of airlines.

About 600 EPDs have been registered by 150 companies in 31 countries over 15 years.

The International EPD System says the voluntary declaration doesn't imply that the product is environmentally better than alternatives.

THE CANADIAN PRESS

Congratulations Boston Pizza Garden City!



Boston Pizza CEO, and Dragon's Den star Jim Treliving (right) City Councilor Devi Sharma (centre) and BP Franchisee Richard Enright (left) hold up BP Kids Cards Thursday at Boston Pizza Garden City.

Jim Treliving was in Winnipeg this past Thursday to recognize the Garden City Boston Pizza as the #1 fundraising location in the country through the sales of BP Kids Cards. (\$16,593 sold, and more than \$90,000 in Manitoba).



It adds credibility to what we say when we talk about this airplane being a green airplane. Fred Cromer



ROSEMARY WESTWOOD

Last night an adult debated a child — and it wasn't even close

There was only one adult on the debate stage last night.

And she absolutely slayed.

Hillary Clinton did what so many of her critics deemed impossible: She led the debate, she kept her calm, she even looked like she was enjoying herself — no easy feat, if you believe the media's construct of Clinton's demeanour. Clinton also happened to make sense: An obvious added bonus.

Trump... not so much. He interrupted and talked over Clinton as he pleased, pouncing with a single declarative ("Wrong!" "Facts!" "Not!") at every attack, but was so long-winded and digressive during his own time as to be unquotable on any policy point at all. (He proved "semi-exact," to quote one Trumpism that will endure.) He was always following, gripping, the younger child desperately trying to keep up.

Clinton? She laughed, she smiled, she replied to Trump with the eloquence of a competent leader. And she had the better zingers. "Just listen to what you heard," she quipped.

And we were, giddily. At the bar I was in — packed to the gills with bartenders so overworked I could smell them — we were eating it up. There were jeers and cheers. All the buzz you'd expect from a spectator sport.

And yes, there's an entertainment value to debates.

But as a Canadian, safely watching from this side of the 49th, it's easy to forget that this is not just reality TV.

An angry ex-pat American (and Trump sympathizer) once wrote to tell me how egregious she considered Canadian coverage of the American election.

We're all in cahoots to offer "ridiculously slanted and blatantly biased" coverage, she wrote, obsessed with "chronic musings and snide perspectives about a race that (we) cannot even participate in."

If by "biased" she means able to view Trump as an objectively horrific choice for president — guilty as charged. But it is true, undeniably, that this is not our race. We have (economic, cultural, political) skin in the game, but not every limb and bone. Not the heart. This isn't our imagined family tearing itself apart. We are cousins at a distance. This is not our kitchen table.

Now that the election approaches the boiling point, now that polls track the rising Trumpian wave, now that a man in Georgia is talking on NPR about joining a militia in case there's a civil war — now's the time to remember this: We are the spectators.

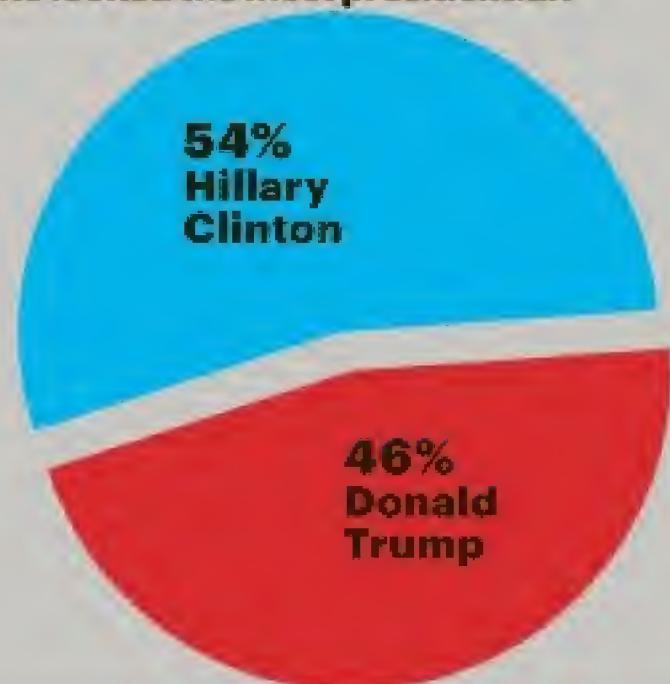
But this game? It's real. And, thank God, Clinton looks like a winner.

METRO POLL

Clinton vs. Trump, Round 1 scorecard

In the blue corner was Democrat Hillary Clinton. In the red corner, Republican Donald Trump. Tuesday night's debate, the first of the two for the U.S. presidential candidates, was an event with the highest possible stakes, given that projected TV ratings were at Super Bowl levels, and pre-debate national polls showed the candidates to be essentially tied. We asked our readers to submit their scorecards.

1 Who looked the most presidential?

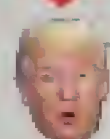


2 Did anything you heard change your mind?

88% No. "Trump is awful. Hillary knows her stuff."
12% Yes. "I was a Hillary fan but agree with Trump."

3 What were the best lines?

I take advantage of the laws



Trumped-up trickle-down economics

I will release my tax returns when she releases her 33,000 deleted emails



Donald, I know you live in your own reality



visit metronews.ca
HAVE YOUR SAY

The state of Manitoba's justice system is a crime

INSIDE THE PERIMETER

Shannon VanRaes



The words "crime in Winnipeg is really exaggerated" had just left my mouth when we happened upon a stolen car lodged in a storefront window next to the University of Winnipeg, police tape fluttering in the glow of flashing lights.

My passengers — friends visiting from southern Ontario — were unconvinced.

One even stealthily locked her door with an elbow. They had debated the merits of visiting the River City for years, but somehow the moniker Murder-peg had always kept them at bay.

So much for winning hearts and minds.

In the years since their visit I've continued extolling the virtues of our Prairie metropolis to friends and family in

cities like Toronto or Vancouver. I talk about Winnipeg's art scene, the music, the festivals and food. I tell them many people here can afford to buy a house before the age of 30.

"It's like a condo, but much bigger and it's on the ground. It comes with its own green space and a roof," I explain as they furrow their brows in confusion.

And yet my enthusiastic pitch is almost always met with the same question: "But is it safe to live there?"

That depends on who you ask.

A survey conducted by Mainstreet Research this summer found that 56 per cent of Canadians believe Winnipeg to be the most dangerous city in the country. According to Statistics Canada, Saskatoon is actually our most crime-ridden city, though Winnipeg did rank highest in violent crime in 2015.

But crime rates across the country have declined massively over the last 20 years, and Winnipeg too has seen a decrease, particularly over the last decade, with the exception of a small uptick in 2015.

But you wouldn't know it looking at our province's incarceration rate. On a per capita basis Manitoba has more of its citizen behind bars than any other province — our jails are full beyond capacity.

In its inaugural criminal-justice-system report card released last week, the MacDonald-Laurier Institute ranked Manitoba as having the second worst system in the country. Only the Yukon ranked lower.

No doubt the previous federal government's tough-on-crime agenda fuelled some of the province's woes, but given the disparity between provincial rankings, other factors are clearly in play. It was under the New Democrats' 16-year-long reign that Manitoba's in-

mate population swelled, arguably because — despite the party's left-of-centre leanings — it enacted what could easily be described as a conservative approach to enforcement and prosecution, particularly under the guidance of then-attorney general Andrew Swan.

Whatever the cause, it's now up to the Progressive Conservatives to fix the problem. But with Justice Minister Heather Stefanson already stating that a review of the justice system will take time and that she's not a fan of putting more money into it, don't expect change anytime soon.

In the meantime, if someone asks me if Winnipeg has a crime problem my response will be this, "No, we have a justice problem."

Shannon VanRaes is a Winnipeg-based journalist and photojournalist. She can be reached on Twitter @ShannonVanRaes

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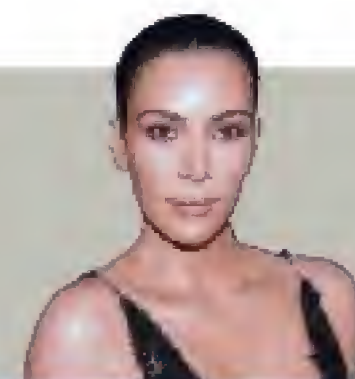
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Your memory can be hacked

INTERVIEW

Researcher's book reveals the flaws in our recollections

Stop for a moment and think about your first job interview. Can you remember it? Now, try to remember your first day of kindergarten. Or where you were on 9/11. Or the day of your wedding.

Those thoughts, those memories, popping into your head — they're probably flawed. And you might've even made some of them up.

So says Julia Shaw, a Canadian researcher and "memory hacker."

As a forensic psychologist and memory expert, Shaw is capable of creating false memories in the minds of average people about events that never actually happened, be it that they committed a terrible crime or were attacked by a dog. Horrifying? Yup. Totally fascinating? That too.

"Normally, you do this unintentionally," Shaw tells me. "You're talking to family and friends, sharing memories, picking up details. But researchers like me, we hijack that process."

Shaw is promoting her new book, *The Memory Illusion*, which explores the science behind false memories, self-deception and how our memory system really works. Your brain is "incredibly malleable and adaptive," according to Shaw, a senior lecturer in criminology at London South Bank University.

Neurons — cells in our brain



Psychologist Dr. Julia Shaw, author of *The Memory Illusion* says that the neural plasticity of our brains is the reason we're able to form memories but it also means we're capable of making memory mistakes. TORSTAR NEWS SERVICE

— connect with one another to develop meaningful networks, which change according to our experiences, Shaw writes.

She likens it to a Wikipedia page, where you can modify things — and so can other people. "It's fluid, with all sorts of inputs, where memories can be readily deleted," Shaw says.

Imagine being at a dinner party where friends are all recounting a high school memory. Everyone offers a tidbit, which reshapes your recollection of the event — and, in the end, it's

impossible to know which parts are your memories or those of other people, and if certain parts of the story even happened at all.

Our attention span also comes into play in memory formation, since we can only truly focus on one thing at a time, Shaw notes. It's like what happens at speed dating or a networking event: Despite your best efforts, you're likely going to forget people's names as your brain filters through information about their appearance, their voice, their personality.

"We often don't process someone's name because we're so busy processing them as a whole," says Shaw.

The "neural plasticity" of our brains is the reason we're able to form memories, but it also means we're capable of these memory mistakes. And there's where memory hacking comes in.

"I get people to confuse their imagination with their memory, by getting them to repeatedly picture an event happening, and adding multi-sensory details like

what they're hearing, seeing, smelling, tasting," Shaw tells me. "Over time, that can become indistinguishable in the brain from a real memory."

In other words: Shaw can make you truly believe you did something that never actually happened. Think you wouldn't be fooled? Don't bet on it. In Shaw's research, 70 per cent of individuals were classified as having these false memories.

Her work, and that of other researchers in the memory field, offers a wake-up call to the jus-

tice system, highlighting how law enforcement agencies can be capable of eliciting false confessions.

But Shaw's ultimate message isn't one of fear. Our brains are wired this way for a reason, and false memories are just the byproduct of how our malleable minds work. "Our reality is a personal construction, and the flexibility of our memories allows us to learn, update information and make connections. Without that, we would have nothing," Shaw says. TORSTAR NEWS SERVICE

+ MIND GAMES

Weird works: "Research shows that, from a memory perspective, weirdness sticks," Shaw writes. In other words: Unexpected components make for memorable pieces of information. Consider the statement 'don't think about pink elephants,' Shaw suggests. It's weird and unexpected, and it'll probably stick it your head.

Master mnemonics: Mnemonics means the study and development of systems for improving and assisting memory. Remember those childhood phrases like 'Never Eat Soggy Weiners' or 'Never Eat Shredded Wheat'? They both act as quirky and memorable ways to remember the directions of north, east, south, and west.



JOHANNA SCHNELLER **WHAT I'M WATCHING**

Tackling some uneasy generational feelings

THE SHOW: *Easy*, Season 1, Episode 8 (Netflix)

THE MOMENT: The big question

Two brothers who run an illegal garage brewery visit a sleek brewery/bar. "Tell me you couldn't see us in a place like this," says Matt (Evan Jonigkeit), the older, more settled brother.

"This place is cool, yes," replies Jeff (Dave Franco), the freer spirit. "I get it for you. You have a boring job that you hate." But, Jeff continues, he

loves his simpler life, his outlaw brewery, the time he spends with his girlfriend. Why give that up to "work more and stress more?"

"If you try to stay in the same place, everyone around you is going to change," Matt counters, "and everything you think is cool isn't going to be cool."

With this omnibus series, set in hipster Chicago, creator and Mumblecore alum Joe Swanberg (Hannah Takes the Stairs)

establishes himself alongside Lena Dunham as a voice of a generation: here, it's millennials poised between late 20s and early 30s, between cool jobs (almost everyone is an artist, actor, writer or artisanal foodie) and starting families. In other words, between authenticity and selling out.

Swanberg has matured into a serious talent. He's peopled his cast with just the right blend of (effortlessly diverse) comedians, models, artists and musicians

— some playing themselves — to create a vibe.

Although each episode is different, each asks a version of exactly the right question for this moment: Can you decide to become a different person, and does that have to be a bad thing?

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.



Evan Jonikeits in Netflix show *Easy*. CONTRIBUTED

THERE'S AN UPSIDE TO MORNING SICKNESS

It's dreaded by moms-to-be but morning sickness is actually a good sign for the baby, a U.S. government study shows, confirming common pregnancy lore and less rigorous research. Led by Stefanie Hinkle, a researcher at the National Institute of Child Health and Human Development, the study involved almost 800 women. They were asked to record symptoms in daily diaries for the first eight weeks of pregnancy.

THE NUMBERS

Of the nearly 800 women in the study, 443 completed daily diaries, and just over half of them reported nausea by the eighth week of pregnancy, also similar to national estimates. About one in four had nausea and vomiting. The researchers then used statistical analyses to calculate that nausea alone, or nausea with vomiting, was linked with a 50 per cent to 75 per cent reduction in the risk of pregnancy loss.

STUDY STRENGTHS

Unlike some previous studies, the new research had data on women even before they became pregnant, so they were able to include miscarriages that occurred soon after conception.

THE REASONS

Causes of morning sickness are uncertain, but it has been linked with high hormone levels that occur early in pregnancy. How it might reduce chances for miscarriages is also uncertain. Theories include the idea that nausea could make women avoid potentially harmful substances.

THE BOTTOM LINE

Hinkle said the results should be reassuring to women concerned that morning sickness could be harmful — and unaffected women shouldn't be alarmed. "Every pregnancy is different and just because they don't have symptoms doesn't mean they're going to have a pregnancy loss," Hinkle said.

THE ASSOCIATED PRESS



ISTOCK

WHOOPIING COUGH

Kids' vaccine wanes for whooping cough: Study

The current vaccine for pertussis, or whooping cough, is highly effective during the first three years after children get their shots, but immunity wanes over the next several years, leaving little protection from the disease, researchers say.

In an Ontario study published Monday in the Canadian Medical Association Journal, researchers found that immunity begins waning about four years following the last scheduled childhood immunization or booster shot given to an adolescent or adult. Within a few more years, the vaccine's effectiveness has diminished significantly.

"The protection that the vaccine gives is very good in the first couple of years after the immunization is given," said Dr. Natasha Crowcroft, chief of applied immunization research for Public Health Ontario. "So it's good news for protecting babies."

"But that protection, it fades pretty quickly. So by the time you're at seven or eight years (out), you've got very little protection left."

Researchers found the odds

of contracting whooping cough following vaccination increased by 27 per cent each year, although the overall risk remained small.

Whooping cough is a highly contagious bacterial infection that affects the respiratory tract and is often marked by a severe hacking cough, followed by a high-pitched intake of breath that sounds like a "whoop." Some infants may not cough, but may struggle to breathe or even temporarily stop breathing.

Pertussis is particularly dangerous for babies and can lead to hospitalization and, in rare cases, death.

Before the introduction of Canada's public pertussis vaccine program, annual incidence of the disease averaged 156 cases per 100,000 people. Since the vaccination program came into effect, the number of new cases has ranged from two per 100,000 in 2011 to 13.9 cases per 100,000 in 2012.

Most cases occur in under-immunized populations, often among those in which parents oppose vaccination, usually on philosophical or religious grounds. THE CANADIAN PRESS

LITERARY AWARDS

Short list for 2016 Giller Prize dominated by female writers

Women dominate the 2016 Scotiabank Giller Prize short list, announced Monday morning at a reception at the Art Gallery of Ontario hosted by CBC Radio's Matt Galloway.

Of the six finalists, five are women with Gary Barwin, author of *Yiddish for Pirates*, the sole male finalist for the prestigious prize.

There's an extra nominee from the usual five; jury chair Lawrence Hill told *Torstar News Service* he and the other jurors "just felt that five wasn't enough to contain our enthusiasm so we spilled over to six."

The shortlisted nominees were culled from the 12-author long list announced on Sept. 7. Those, in turn, were chosen from a field of 161 titles submitted by 69 publisher imprints.

The six writers competing for the \$100,000 grand prize are:

Mona Awad for her debut novel *13 Ways of Looking at a Fat Girl* (Penguin Canada), her exploration of body image issues. This title won the Amazon.ca First Novel Award in May.

Gary Barwin for *Yiddish for Pirates* (Random House Canada), a pirate's tale narrated by a 500-year-old parrot that is a

riotous play with language. Barwin's been writing poetry, short fiction and children's books for years, but this is his first novel.

Emma Donoghue for *The Wonder* (HarperCollins Publishers), set in Ireland, about a girl who continues to live despite an extended fast. It looks at faith, religion and the power it holds.

Catherine Leroux, *The Party Wall* (Biblioasis International Translation Series, translated by Lazer Lederhendler), a novel made up of stories that explore the things that bind people together.

Madeleine Thien, *Do Not*

Say We Have Nothing (Alfred A. Knopf), an epic novel that chronicles the tragedy of revolutionary and communist China. This book has also been shortlisted for the Man Booker Prize. This is her first appearance on the Giller list and, surprisingly, given the strength of her reputation, on any of the major Canadian prize lists.

Zoe Whittall, *The Best Kind of People* (House of Anansi Press), which examines rape culture and the effect on a family and community when one of its members is accused of sexual assault. Hill, as he announced it as one of the finalists, called it "urgent

and timely, nuanced and brave." TORSTAR NEWS SERVICE

+ BOOKMARKED

The winner will be announced at a gala in Toronto to be aired live on CBC on Monday, Nov. 7 at 9 p.m. in a broadcast to be hosted by comedian Steve Patterson.

The prize for the winner is \$100,000, while each finalist receives \$10,000.



Madeleine Thien is on the short list for the Giller Prize.
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SUPPORTING LIFE-SAVING RESEARCH

Giving to the Children's Hospital Research Institute of Manitoba (CHIRM) helps to find cures for childhood illnesses that can transform the lives of kids and their families around the world.

And it's that generosity that Dr. Cheryl Rockman-Greenberg says helped her and her team through three decades of research and clinical trials that recently led to a treatment for hypophosphatasia, a rare bone disease that can affect people of all ages and is sometimes fatal, especially in newborns.

"In the past, babies with hypophosphatasia invariably died — if not within hours of birth, then within the first weeks of life — clinical trials have now shown that these babies can now survive and lead normal lives," says Rockman-Greenberg, a medical geneticist, pediatrician, and clinician scientist with the CHIRM, who began her



Dr. Cheryl Rockman-Greenberg is a medical geneticist, pediatrician, and clinician scientist with the Children's Hospital Research Institute of Manitoba. CONTRIBUTED

research in 1986. "From the beginning the research was strongly supported by Children's Hospital Foundation."

Hypophosphatasia is caused by the lack

of an enzyme that helps mineralize bones. Most puzzling to researchers was the fact it had two faces; a mild form that showed itself later in life, and a more severe form

that presented early and often killed young patients whose ribs were too soft to support breathing.

After a group of researchers in the U.S. isolated the gene that causes the disease, Rockman-Greenberg and her team were able to identify two genetic misprints in the early 1990's that led to either form of the disease.

With that part of the puzzle solved a pharmaceutical company in Montreal developed an experimental drug that showed promising results, and Rockman-Greenberg and her team joined researchers from around the world in extensive trials of the new drug, called asfotase alfa. Those trials led to asfotase alfa being approved by Health Canada, and in April 2016 it was officially recommended that provinces and territories work towards listing this drug as an approved treatment for childhood-onset hypophosphatasia.

While the drug still has one last regulatory hurdle before it's made widely available, Rockman-Greenberg is proud of the work done by her team and the support of CHIRM.

"For the very severe forms survival has gone from virtually zero to 94 per cent survival," she says. "It's a dramatic advancement to change an untreatable disease into a treatable one."

For more information on research being done at the CHIRM go to chrim.ca.



Today's research is tomorrow's cure.

Researchers at the Children's Hospital Research Institute of Manitoba continue to work on groundbreaking research to improve the health of Manitoba's children.

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Not lost after losing



It's a movie Winnipeg Blue Bombers fans had seen all-too many times before.

The names changed, the jersey colours changed ... but the results seldom did.

And a quick synopsis of the script goes something like this: Bomber team heads west to Calgary with lofty goals and high hopes; Bomber team then exits Calgary after getting punted around McMahon Stadium for three hours.

Get this: dating back to 1992 — that's so long ago Brian Mulroney was Prime Minister, Boyz II Men were atop the music charts and Aladdin and Reservoir Dogs ruled at the movie box office — the Bombers were a horrific 3-22 in the southern Alberta foothills.

Make that 3-23 after Saturday's 36-34 loss.

But here's where everything looks, feels and smells a bit different in Bomberland today. Many, many, many of the previous crews that headed to Calgary were thrilled simply to compete and to exit without someone being wheeled out on a stretcher.

The team we ran across in the dressing room, after blowing a 34-33 lead with 20 seconds left, was absolutely livid. Not at the officials, not at the Stamps, but at themselves.

Look, history will record the Bombers' seven-game win



Timothy Flanders and the Bombers fell just short of a win on Saturday at McMahon Stadium.

LARRY MACDOUGAL/THE CANADIAN PRESS

streak came to a halt on a crushing last-play 52-yard field goal by Calgary's Rene Paredes. But it's the details of this one that make it different.

The Bombers were simply awful in the first half, falling behind 24-0 and, early in the third quarter, 30-7. Many Bomber teams in previous years would have thrown up the white flag of surrender and waited for the clock to reach 00:00.

This bunch instead got up off the mat and exchanged punches against a Stampeders team that, at 11-1-1, is clearly the class of the CFL. And, if not for the magic of Paredes

and quarterback Bo Levi Mitchell, might have escaped with their eighth straight W.

In the wake of the loss, however, there was a frank admission that no football team should expect to play for about 25 minutes and escape with a win — especially in Calgary.

The Bombers now have some serious chopping to do in their final five games to secure a playoff spot — Edmonton is here Friday before the regular season winds up with back-to-backs versus B.C. and Ottawa. Stopping the bleeding now and getting on another roll to end the season will be

mammoth if this team wants to make the playoffs or play host to a post-season game.

That says a lot about the growth of this team after an icky 1-4 start. There's also this: the rally against the Stamps on Saturday reconfirmed what many in the Bomber room already knew: they can run with anyone in this league.

There was also an underlying sense that they would like another crack at the Stamps. And another opportunity to flip the script when it matters most — in November.

Ed Tait is the Blue Bombers' Director of Content

CALGARY NIGHTCLUB SHOOTING

Coach remembers 'very caring' Hicks

Mylan Hicks was a football coach's dream.

Blessed with speed and athleticism, he also had the humility to accept criticism and coaching. And he always did it with a smile, according to his former high school coach.

"He was a very caring young man, very, very friendly," Antonio Watts said Monday, a day after the Stampeders rookie was shot and killed outside a Calgary nightclub. "Even on the field when there'd be those times when players could get heated, he'd never lose his temper."

Nelson Tony Lugela, 19, was charged Monday with second-

degree murder in the death of the 23-year-old Hicks.

Hicks was celebrating with teammates following a 36-34 home win over the Winnipeg Blue Bombers on Saturday.

Hicks played four seasons under Watts at Detroit's Renaissance High School. But Hicks also excelled in the classroom as Watts said students must write an entrance test and maintain solid grades to stay at the school.

THE CANADIAN PRESS



Mylan Hicks
THE CANADIAN PRESS

NBA

Raps all for using status for change

The Toronto Raptors plan to join the growing chorus of pro athletes speaking out against police brutality, a topic that has hit close to home for DeMar DeRozan.

"I had a close friend of mine a couple of weeks ago that was murdered by the police, shot 17 times," the star guard said Monday at the team's media day prior to the start of training camp. "It was something I haven't spoke out about, it was more so of just understanding what's going on in our society and how much I can help."

San Francisco 49ers quarterback Colin Kaepernick refused

to stand for the Star-Spangled Banner in protest of police shootings and racial inequality in the United States, and his action has spread not only across the NFL, but to NCAA football and the WNBA.

And now, the NBA — in which 75 per cent of players are black — will surely see some players follow suit when the season tips off next month.

The Raptors say they're all for using their high-profile platform to press for change, but didn't offer specifics of how they would do that, including whether they would refuse to stand during the anthem. THE CANADIAN PRESS

All I tell our guys is to be informed ... and do it from the heart.

Coach Dwane Casey on potential protests

TRAINING CAMP

Scheifele didn't foresee Trouba trouble

Mark Scheifele had a feeling something might be up with teammate Jacob Trouba, but he was surprised to learn the young Winnipeg Jets defenceman has asked to be traded.

"Obviously, talking to him you get a sense, but you definitely didn't know that was happening. I don't think any of us did," Scheifele said Monday after his session at training camp.

"But for the most part, obviously you hope the best for Jacob and you hope the best for the Winnipeg Jets as well."

Scheifele, Blake Wheeler, Dus-

When it comes to business, that's his business and the organization's as well. Mark Scheifele

tin Byfuglien and rookie forward Patrik Laine were attending their first day of camp after returning from playing in the World Cup of Hockey.

News of Trouba's trade request came

out Saturday night via a press release from his agent, Kurt Overhardt.

Trouba and Scheifele both played for Team North America, which was eliminated Thursday.



"We didn't really talk about that kind of stuff," said Scheifele, one of the Jets' new alternate captains. "It's just talking about random things instead of talking about the business side of it."

"That's kind of not really another player's place to be."

Overhardt's press release announced Trouba, a 22-year-old restricted free agent whose three-year entry-level NHL contract expired July 1, won't attend camp and that there had been talks with Jets' management since May about trading his rights. THE CANADIAN PRESS

IN BRIEF

Bruins extend Marchand

The Boston Bruins have signed forward Brad Marchand to an eight-year, \$49 million contract extension.

The team announced the deal on Monday as Marchand prepares to play for Canada in the final of the hockey World Cup.

The 28-year-old Marchand had 37 goals and 60 points last season.

THE ASSOCIATED PRESS

Seahawks QB recovering well from knee injury: Coach

Seattle Seahawks quarterback Russell Wilson has a sprained MCL in his left knee and coach Pete Carroll raised the possibility on Monday of Wilson missing the Week 4 game against the New York Jets.

Carroll said during his weekly radio show on KIRO-AM on Monday morning that Wilson "feels great."

THE ASSOCIATED PRESS

RECIPE Roasted Cauliflower Salad



PHOTO: NAVA WINTER

Ceri Marsh & Laura Keogh
For Metro Canada

Don't turn your back on salad now that cooler days are here! Roasting cauliflower gives it a delicious, nutty flavour you'll love.

Ready in 40 minutes

Prep time: 30 minutes
Cook time: 10 minutes
Serves 4

Ingredients

- 1 head of cauliflower cleaned and cut into small florets
- 1 head romaine lettuce cleaned and cut into thin strips
- 6 or 7 leaves of radicchio cleaned and cut into thin strips
- 1/2 cup extra virgin olive oil
- 1/4 cup red or white wine vinegar
- 2 shallots minced
- handful of hazelnuts roughly chopped

• salt and pepper

Directions

1. Preheat oven to 350 degrees.
2. Toss cauliflower florets in a bit of olive oil, salt and pepper. Pour into shallow roasting pan and place in oven for about 30 minutes. Turn and toss once or twice.
3. Remove from the oven and allow to cool.
4. In a jar, place oil, vinegar, shallots and salt and pepper and shake.
5. Dress your lettuce lightly in the dressing and arrange in a bowl or on a platter. Drizzle some dressing over the cauliflower and toss.
6. Arrange the dressed cauliflower on the lettuce. Sprinkle nuts on top.

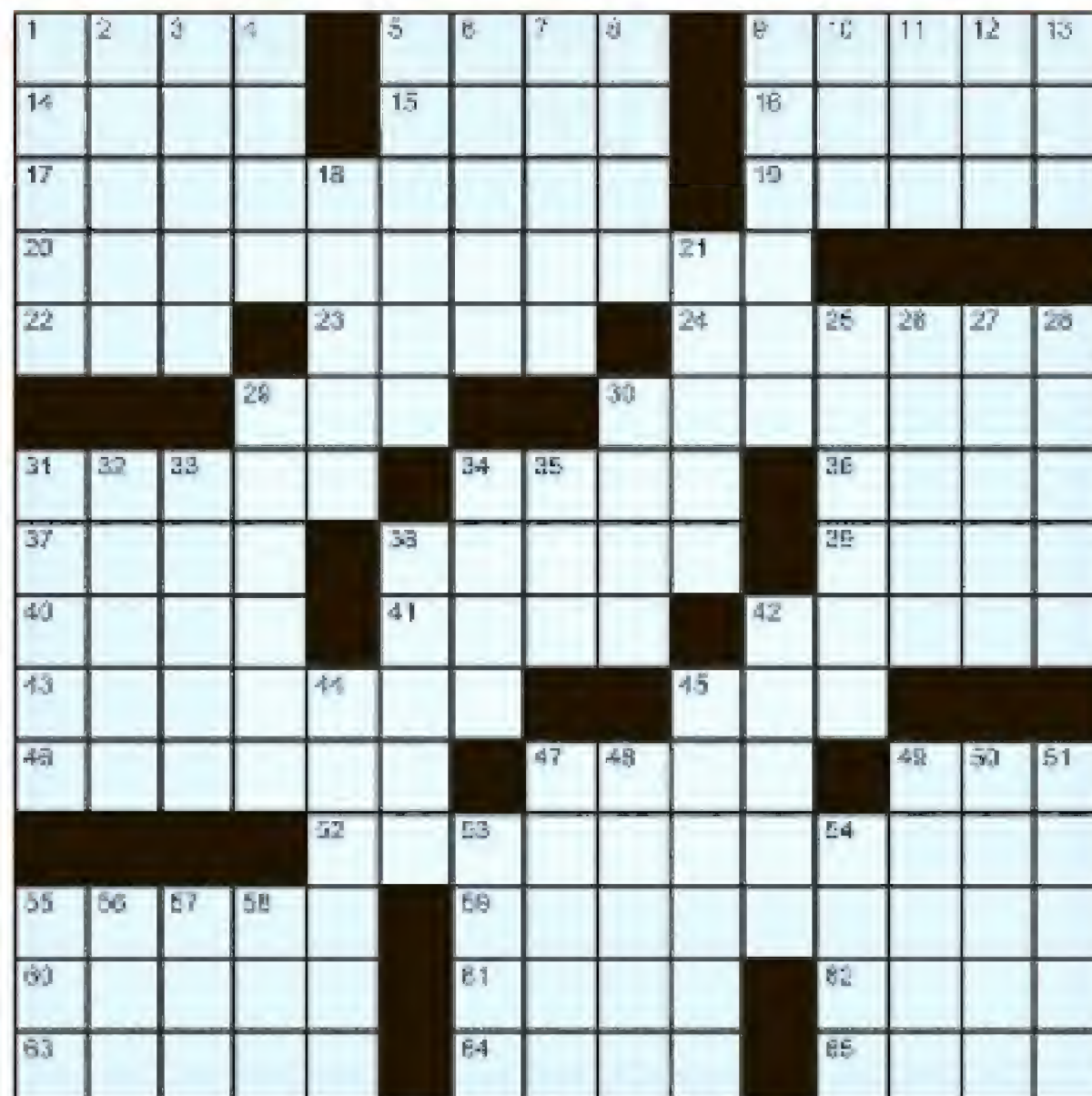
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Chesterfield
5. Lament loudly
9. Earthy pigment
14. Mr. Sandler
15. Prefix meaning 'Self'
16. Easily duped
17. Practicing performer
19. Short-tailed weasel
20. Penticton, British Columbia born actress who won a Tony Award in 1972 for her performance in the Stephen Sondheim stage musical *Follies*: 2 wds.
22. The Family Stone's star
23. Podium
24. The very start
29. Cry from a kitten
30. Domed building lobby
31. Raised flatlands
34. Mister Ed's pace
36. Film __ (Movie genre)
37. Cut
38. Party beverage in a large bowl
39. Ms. de Matteo
40. Pro __ (In proportion)
41. Thin wood strip
42. Salad green
43. Cacophony
45. __ Na Na
46. Ranch animals
47. "...or to take arms against __ of troubles..." - Hamlet
49. ABBA song
52. Canadian band with the 1986 tune "Me, Myself & I": 2 wds.
55. Papa __ (Rock



- band)
59. Most sparkly
60. Boredom
61. Charles __, Officer Renko portrayer on '80s police series "Hill Street Blues"
62. Prude
63. Like well-worn denim

64. __ Christie (Eugene O'Neill play)
65. Casino game

DOWN

1. Ms. Gilbert's of "The Talk"
2. Nancy of "Entertainment Tonight"

3. "Lost" actor, Jeff __
4. 'Travelers Cheques' co.
5. Poland's capital
6. Also, in Montreal
7. Particulars
8. Ms. Loughlin of "Full House"
9. Like an ajar door

10. Front door floor piece
11. Prefix to 'hazard'
12. Movies actress Ms. Mendes
13. Soak flax
18. White House staff
21. Comb's one-of-some

25. Arctic's treeless expanse
26. SnooZZze
27. Ms. Falco's
28. Ms. Reid, and namesakes
29. Nova Scotia: Isle __ (Island off Cape Breton)
30. Full-bodied, as flavour
31. Singer Mr. Anthony, and namesakes
32. Glorify
33. Briefly hairs
34. Thickening gum
35. Sandy mound bug
38. Lavish
42. My Name Is Asher Lev novelist Mr. Potok
44. Type of flower
45. "Just Another Day" singer Jon
47. Edgar __ Poe
48. Coil of yarn
49. Vista
50. "The Price Is Right" announcer, Johnny __ (b.1910 - d.1985)
51. Brief-but-heated light
53. Title in Turkey
54. Peril
55. TKO caller
56. __ mission
57. "Keep talking..."
58. Pool stick

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
For the next six weeks, your ambition is aroused. This will help you to accomplish a lot; however, use caution during conflicts with bosses and co-workers.

Taurus April 21 - May 21
Your interest in intellectual ideas will grow in the next month. You will expand your personal beliefs. Travel will please you as well.

Gemini May 22 - June 21
Disputes about inheritances, shared property and debt are likely during the next six weeks. You will be successful in settling things the way you desire.

Cancer June 22 - July 23
Fiery Mars is opposite your sign for the next six weeks, creating tension between you and others. You want to put your cards on the table and tell it like it is!

Leo July 24 - Aug. 23
You can accomplish a lot in the next month because Mars will give you the energy to do so. However, you will want credit for what you do.

Virgo Aug. 24 - Sept. 23
Grab every opportunity for playful diversions during the next six weeks. Take a vacation. You will have lots of energy for physical sports.

Libra Sept. 24 - Oct. 23
Increased chaos and activity at home are likely during the next six weeks, perhaps due to renovations, redecorating projects or visiting guests. Handle this with patience and grace.

Scorpio Oct. 24 - Nov. 22
Your communication with others is strong in the coming month. You will have no trouble persuading people to agree with your ideas. (Don't be overbearing.)

Sagittarius Nov. 23 - Dec. 21
It will be easy to earn money in the next six weeks, because you have the energy to focus on this. Likewise, many of you will be spending a lot.

Capricorn Dec. 22 - Jan. 20
Fiery Mars will be in your sign for the next six weeks. This happens only once every two years. Get ready for lots of activity and hard work!

Aquarius Jan. 21 - Feb. 19
Behind-the-scenes work will appeal to you in the month ahead because you want to do something quietly, perhaps on your own. Be aware that someone might not agree with your choices.

Pisces Feb. 20 - March 20
Physical sports and competition will mark your activities for the next six weeks. This also is a good time to define your goals and actively pursue them.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

		8				1		4
	2		7	5				
7				3				6
	9							
	1	5				7	8	
							4	
4				9				3
				2	8		6	
9		6				2		

YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games

8	7	9	4	3	5	1	6	2
1	2	4	9	8	6	3	7	5
5	6	3	7	1	2	8	9	4
9	4	8	6	2	1	7	5	3
6	3	1	5	9	7	4	2	8
2	5	7	8	4	3	6	1	9
7	8	5	2	6	4	9	3	1
4	1	2	3	7	9	5	8	6
3	9	6	1	5	8	2	4	7

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